



RAMAKRISHNA MISSION VIDYAMANDIRA BOSE HOUSE CAMPUS

A Cultural & Educational Center

A Unit of Ramakrishna Mission Saradapitha

103, G.T. Road, P.O. – Rishra, P.S. – Rishra, District – Hooghly, Pin – 712248, West Bengal

Notice No.: 2026/VMBH/32

Date: 10/05/2026

International Yoga Day 2026

This is to inform all concerned that Ramakrishna Mission Vidyamandira Bose House Campus, in collaboration with Ritambhara Prajna, is organizing a Yoga Programme to celebrate the 12th International Yoga Day. The programme aims to promote health, wellness, and mental clarity among our student community.

The details of the programme are as follows:

- **Date:** 21st June, 2026 (Sunday)
- **Time:** 9:00 AM to 11:00 AM

Note- All trainees of the courses "Yoga: Body Mind Medicine" and "Yoga: Body Mind Medicine (Advanced)" are requested to attend this special lecture.

Principal

SWAMI MAHAPRAJNANANDA
Principal
Ramakrishna Mission Vidyamandira
(A Residential Autonomous College)
Belur Math :: Howrah-711202



Campus In-charge

SWAMI UMAPADANANDA
Campus-in-charge
Ramakrishna Mission Vidyamandira
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